

# Higher Psychology

## > What is this course?

Psychology is the scientific study of human thought and behaviour. Psychology looks at why we think, feel and act as we do.

Psychology is often divided into five major approaches:

- The behaviourist approach looks at how we learn through experience.
- The psychoanalytic approach looks at the role of the unconscious and emotion.
- The cognitive approach looks at how we think, use language and process sensory information.
- The biological approach considers how our behaviours are shaped by our brain and body chemistry.
- The humanist approach looks at our self-concept and potential for personal growth.

## > Course content:

Higher Psychology involves studying:

- Memory
- Child development
- Stress
- Mental disorder
- Obedience
- Research methods

## > Course assessments:

There are three closed book assessments throughout the year as well as a final exam.

## > What can I do when I finish the course?

Psychology graduates normally have to obtain a post-graduate qualification before they can specialise in areas such as forensic psychology, educational psychology, clinical psychology, counselling psychology, teaching, health psychology or occupational psychology.

